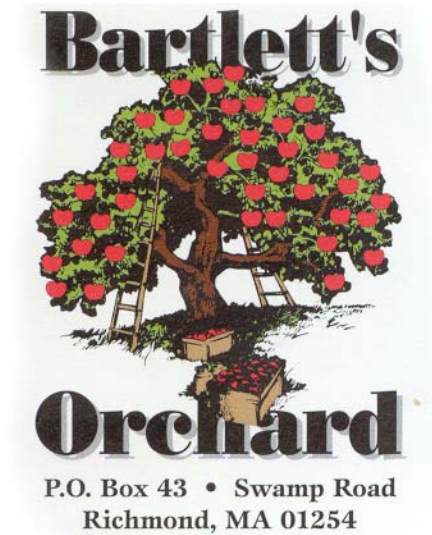


# Crispy Apple Coleslaw



2 cups cabbage, shredded

2 medium Bartlett's Apples, cored and diced

1 16 ounce can, crushed pineapple, drained

1/2 cup fat-free mayonnaise

Mix cabbage, apples and crushed pineapple with the mayonnaise in a large bowl. Refrigerate for at least one hour. Makes 6 servings Calories, 73 per serving.